

ourstory

It's been quite a journey at THE BUTCHER'S WIFE, since we opened in September 2016.

We have always been passionate about quality & providing you, our customer, with generously portioned, wholesome & nutritional home-style meals.

"We sell what we eat" is our philosophy & with that as our core principle, our focus is on meticulously prepared, delicious food, intended to satisfy your appetite with our distinctive TBW taste.

Our meat & poultry are supplied by our very own halaal butchery, THE PICKERS MEAT Co - renowned for the finest quality meat - & all our ingredients are carefully sourced for the highest standard & freshness.

Welcome to our pizzas, pastas & grills café.

Please note that images are for illustration purposes only.

# THE PICKERS MEAT C°

FINEST QUALITY MEATS.

All meats & poultry are supplied in-house by our very own halaal butchery. All weights declared are for raw meats & are approximate.



# **RIGHT OF ADMISSION RESERVED**

This menu is effective from August 2024 & supersedes all menus to date. T's & c's apply. All major credit cards accepted. All prices include VAT. E&OE

## WE DELIVER

All items on this menu are available for delivery. Charges & t's & c's apply.

## WE MUST ADVISE

All items are subject to availability. Fish dishes may contain small bones. Olives may contain stones. Menu items may come into contact with wheat |eggs | peanuts | treenuts | milk. For more information, please ask a manager who will advise on all ingredients used.



# BREAKFAST

#### Served until 12h00

SCONE - 70 Served with butter, cheese & strawberry jam

CRUMPETS - 80 Served with syrup, fresh cream & blueberry preserve

CROISSANT - 80 Served with butter, cheese & strawberry jam

THE BREAKFAST BAGUETTE - 105 Served with scrambled eggs, spinach & topped with cheese

TBW CROISSANT BENEDICT - 110 Toasted croissant topped with scrambled eggs, hollandaise sauce & garnished with spring onions

SMOKED SALMON & SPINACH CROISSANT BENEDICT - 155 Toasted croissant topped with scrambled eggs, smoked salmon, spinach, hollandaise sauce & garnished with spring onions

AVOSMASH CROISSANT - 130 Toasted croissant topped with smashed avo, wilted spinach, fried brown mushrooms & 2 poached eggs, topped with parmesan Add hollandaise +40

#### FRITTATA - 120

Open omelette baked with cheese, topped with potato, roasted cherry tomatoes, drizzled with balsamic glaze, topped with rocket. Served with an aglio focaccia & hollandaise sauce Add spinach & feta +40 Add peppers, onion & mushrooms +40

SHAKSHUKA - 130

Dish of 2 poached eggs in a sauce of tomatoes, peppers, onions, smoked paprika & potatoes, served with an aglio focaccia

THE LOW-CARB - 145 2 Brown mushrooms, 2 poached eggs, wilted spinach, roasted cherry tomatoes, rocket & feta with pastrami rashers

THE WIFE'S BREAKFAST - 145

Beef chipolatas, fried egg, grilled tomato, sautéed parmesan mushrooms garnished with fresh rocket & served on an aglio focaccia

#### THE BUTCHER'S BRUNCH - 175

2 Slices rib eye steak, 2 fried eggs, grilled tomato, beef chorizo braised with peppers & onions, sautéed parmesan mushrooms garnished with fresh rocket & served on an aglio focaccia

## + ADD TO YOUR MEAL

Add a freshly squeezed TBW seasonal fruit juice (per glass) from 70

Butter +5 Poached | fried | scrambled egg +15 Hollandaise +40 Sautéed parmesan mushrooms +50 Avo\* +35 Tuna +40 Savoury mince +60 Salami +60 Chipolata sausages 100g +65 Beef chorizo +65 Rib eye steak 100g +85 French fries M+45 L+60 Pastrami rashers +50

\*When available

# BAGUETTES

Home-baked artisanal sourdough baguettes

GARLIC - 90 Garlic, mozzarella & parmesan

VEGETARIAN - 95 Avo\*, mozzarella, piquanté peppers, olives & onion

SWEET CHILLI CHICKEN - 105 Chicken, pineapple, mozzarella & sweet chilli sauce

TIKKA CHICKEN - 105 Chicken, caramelised onions, roasted cherry tomatoes, mozzarella & tikka sauce

CHICKEN KEBAB - 105 Chicken grilled in a tangy yoghurt basting, red onion & sun -dried tomatoes. With mint & coriander sauce & fresh coriander

MASALA STEAK - 110 Masala steak, piquanté peppers, onion, mozzarella, TBW creamy sauce & fresh coriander

PHILLY CHEESE STEAK - 110 Thinly sliced rib eye steak chopped with onion, peppers, cheddar & mozzarella

> PULLED RIB - 110 Pulled rib meat, spring onions & mozzarella

> > \*When available

# SALADS

Served with TBW salad dressing

TBW GARDEN SALAD - M 65 - L 95 Lettuce, tomatoes, carrot ribbons, of onion & cucumber, garlic & herb croutons

> GREEK SALAD - 110 TBW garden salad with olives & feta

GRILLED CHICKEN SALAD - 145 TBW garden salad with grilled chicken, avo\* & sesame seeds

PREGO STEAK SALAD - 195 TBW garden salad with steak strips in Prego sauce with corn, black beans, avo\* & roast peppers

\*when available



AGLIO - 80 Flatbread with garlic & herbs

AL ROSMARINO - 95 Flatbread with rosemary, olives & garlic

AGLIO FORMAGGIO - 105 Flatbread topped with mozzarella & parmesan

AGLIO FORMAGGIO WITH PIQUANTÉ PEPPERS - 140 Flatbread topped with mozzarella, parmesan, feta & piquanté peppers

> + ADD TO YOUR MEAL Crushed chilli +15 Mushrooms +30 Mushrooms & chilli +35 Feta +35

# LIGHT MEALS

Served with a choice of French fries | sweet potato fries | TBW garden salad

PANKO CRUMBED CHICKEN STRIPS - 145 Served with a mango dressing

SOUTHERN FRIED CHICKEN WINGS - 135 Served with a hot honey ranch dressing

CRISPY ASIAN CHICKEN WINGS - 135 Tempura wings in a sticky teriyaki, ginger, honey & sesame seeds

CHICKEN & MUSHROOM POT PIE - 125 Chicken, mushrooms & fresh herbs in a creamy sauce with a puff pastry crust

> BUTTER CHICKEN POT PIE - 125 Creamy butter chicken with a puff pastry crust

PEPPER STEAK POT PIE - 140 Peppered steak in a creamy sauce with a puff pastry crust

STEAK & KIDNEY POT PIE - 140 Steak & kidney in a gravy sauce with a puff pastry crust

# SOUPS

TOMATO & BASIL - 95 Roasted tomatoes with basil & herbs, served with fresh cream

> BUTTERNUT - 95 Roasted butternut with herbs, served with fresh cream

CHICKEN & CORN - 105 Creamy chicken & corn, served with chilli vinaigrette

BEEF & VEGETABLE - 105 Hearty beef & vegetable served with toasted mini sourdough baguette with butter

# ANTIPASTI

#### A good place to start

CRUMBED MUSHROOMS - 100 Whole crumbed button mushrooms deep-fried, served with truffle mayo

PIZZA STICKS - 100 Salami, mozzarella & cheddar cheese sticks, rolled in pizza dough, baked & served with sweet chilli sauce

TEMPURA MELANZANA - 100 Eggplant slices, fried & served with mint & coriander dip

JALAPEÑO POPPERS - 120 Fried, crumbed jalapeño chillies stuffed with cream cheese, mozzarella & cheddar served with sweet chilli dip

CRUMBED CAMEMBERT - 110 Deep-fried crumbed camembert wedges served on sourdough crostini rounds,

with onion marmalade & cream cheese

SPINACH & MOZZARELLA BALLS - 110 Deep-fried crumbed spinach & mozzarella balls on a bed of rocket, served with sweet chilli sauce

CHICKEN LIVERS - 110 Spicy chicken livers marinated in TBW spicy peri-peri sauce, served with a bun & butter

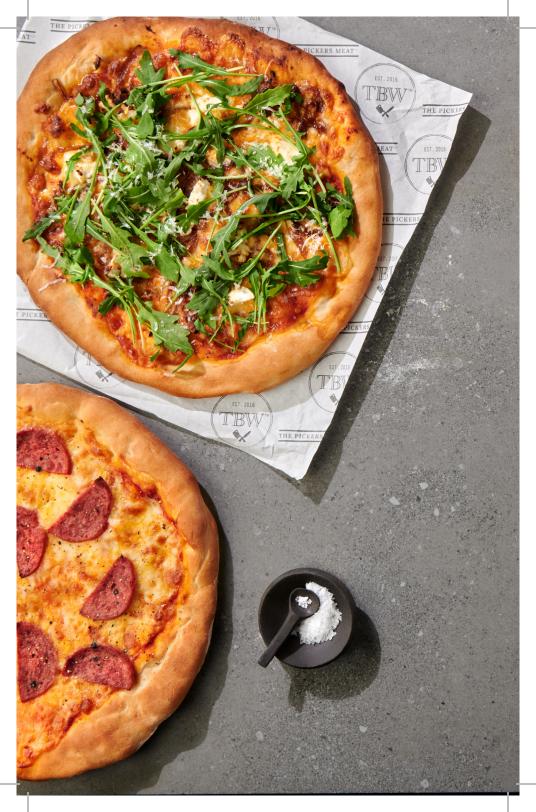
> MAC 'N CHEESE, CHICKEN & JALAPEÑO BITES - 120 Deep-fried crumbed macaroni cheese, chicken, cheese & jalapeño bites with mint & coriander sauce

> > PRAWN POPPERS - 140 Tempura prawns & TBW seafood sauce

SEAFOOD BAKE Your choice of seafood in a creamy garlic sauce, topped with cheese, oven baked & served with an aglio focaccia

MUSSELS - 130

PRAWNS - 160



# PIZZA

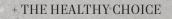
### Baked in our woodfired oven

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Jourmet	М	L
CASALINGA Mushrooms, asparagus, olives, mixed peppers & sun-dried tomatoes	130	180
BUTTER CHICKEN Creamy butter chicken cubes, grilled peppers, fried onion, drizzled with cream and topped with fresh coriander	140	200
GRILLED CHICKEN KEBAB Chicken grilled in tangy yoghurt basting, red onion & sun-dried tomatoes with mint & coriander sauce & fresh coriander	140	200
PREGO STEAK SUPREMO Sirloin slices grilled in prego sauce with pan-fried sliced brown mushrooms, mozzarella & parmesan	160	215
PEPPER STEAK SUPREMO Peppered sirloin slices, wilted spinach, pan-fried sliced brown mushrooms, blue cheese, mozzarella & parmesan	160	215
Classic	М	L
MARGHERITA Mozzarella & fresh tomato sauce	90	120
PRIMAVERA Mozzarella, roast cherry tomatoes, sun-dried tomatoes, feta, garlic, basil pesto & spring onions	110	160
HOT STUFF Pineapple, onion, chilli & mixed peppers	110	160
QUATTRO FORMAGGIO Mozzarella, cheddar, feta, parmesan, caramelised onions & fresh rocket	110	160
DELUCA Creamy spinach, feta, piquanté peppers & olives	110	160

	Μ	L
ROCK 'n ROLL Chicken, avocado* & feta	110	160
CHICKEN & MUSHROOM Chicken, mushrooms & TBW creamy sauce	125	190
CREAM CHEESE 'N CHICKEN Cream cheese base, chicken, mixed peppers, mushrooms, mixed cheese, garlic & TBW creamy sauce	125	190
TIKKA CHICKEN Chicken, caramelised onions, roasted cherry tomatoes & Tikka sauce	125	190
SWEET CHILLI CHICKEN Chicken, pineapple & sweet chilli sauce	125	190
SALAME SUPREMO Double salami & extra cheese	125	190
CHEESY STEAK MELT Pepper steak, cheddar, onion, mozzarella & bbq sauce	140	205
MASALA STEAK Masala steak, piquanté peppers, onion, TBW creamy sauce & fresh coriander	140	205
MESSICANO Ground beef, jalapeños, sun-dried tomatoes, green chilli & mexican sauce	140	205
RIB DELIGHT Cream cheese base, rib meat, spring onions & caramelised onions	140	205
SPICY PRAWN Spicy prawn, shrimps & avocado*	155	210
SEAFOOD Calamari, tuna, shrimps & mussels topped with garlic sauce & chopped parsley	160	225

\*when available



PICKERS MEAT

THE PICKER

EST. 2016

EAT

PICKE

THE PICK

LOW-CARB PIZZA BASE M+30 L +50 Cauliflower, tapioca flour, chick pea flour, psyllium husk, garlic, onion & sea salt

 $GLUTEN\mathcal{FREE}\ PIZZA\ BASE\ M\mathcal{BASE}\ M\mathcal{BASE}\ 450\ Rice\ flour,\ potato\ flour,\ tapioca\ flour,\ chick\ pea\ flour,\ xanthum\ gum,\ olive\ oil\ \&\ sea\ salt$ 

### + TOP UP YOUR PIZZA

Add one or a combo of our extra toppings to any menu item (additional costs per topping apply) \*Avocado when available

 $\begin{array}{c} \text{Double up on your cheese topping} \\ M+40 \quad L+50 \end{array}$ 



Your choice of Penne/ Tagliatelle/ Spaghetti

	Tourmet	Μ	L
) ( P	CHILLI TOMATO & RICOTTA GIRASOLI Pockets of chilli tomato pasta with ricotta & basil in a creamy arlic & tomato sauce	130	175
-	BASIL PESTO & MUSHROOM Basil pesto, brown mushroom, red onion	130	175
	dd white button mushrooms, sun-dried tomato	+30	+50
C	Frilled chicken	+45	+70
S	irloin steak strips	+50	+80
P	rawns & calamari	+60	+90

Classic	м	L
MACARONI & CHEESE Macaroni & cheese sauce	100	140
NAPOLETANA Fresh tomato, garlic & herb sauce	100	140
ALFREDO Creamy mushroom sauce	100	140
ALFREDO CHICKEN Chicken in a creamy mushroom sauce	125	170
CHICKEN & PESTO Basil pesto, cherry tomatoes & chicken in a creamy white sau	125 ce	170
BOLOGNAISE A rich ground beef tomato sauce	125	170
SPAGHETTI & MEATBALLS Traditional meatballs in a rich tomato sauce, with spaghetti	140	190
BEEF LASAGNE Baked layers of pasta, creamy ground beef tomato sauce, baked with cheese	140	190

PASTA

	Μ		L	
CHICKEN CANNELLONI Cannelloni tubes filled with chicken, mushroom & spinach in a creamy bechamel sauce, baked with cheese	140		190	
PEPPER STEAK Peppered steak, onion & mixed peppers in a creamy white sau	140 ace		190	
SEAFOOD Mussels, calamari & prawns in a creamy garlic, tomato sauce		165		220



# BURGERS

Served with a choice of french fries | sweet potato fries | TBW garden salad

### THE HERBIVORE - 130

Lentil, carrot & mushroom patty with lettuce, tomato, red onion, gherkins & harissa mayo

### THE CLASSICO - 140

Grilled ground beef burger in a sticky BBQ or roasted chilli basting, lettuce, tomato, gherkins & TBW creamy sauce

### THE POLLO - 140

Grilled chicken fillet in a sticky BBQ or roasted chilli basting, lettuce, tomato, gherkins & TBW creamy sauce

#### THE SOUTHERN-FRIED POLLO - 160 Southern-fried chicken fillet, tomato, gherkins & TBW creamy sauce on a bed of slaw salad

THE GAMBERO - 160 Tempura prawns, lettuce, tomato, avo\* & TBW seafood sauce

#### THE PREGO - 160 Grilled sirloin in a Prego sauce, lettuce, tomato, gherkins & TBW creamy sauce

THE SUPREMO - 170 Grilled ground beef burger, slice of cheddar, pastrami rashers, lettuce, tomato, gherkins & TBW creamy sauce

THE FILETTO - 190 Sliced grilled beef fillet on a bed of rocket, tomato, gherkins & topped with bearnaise sauce

#### THE AGNELLO - 190 Lamb burger on a bed of rocket & tomato with a slice of mozzarella, onion marmalade & coriander & mint sauce

\*When available

## + THE HEALTHY CHOICE

Swop French fries for sweet potato fries or a medium TBW garden salad.

Swop Your burger bun for two brown mushrooms fried +35

Replace BBQ or roasted chilli basting with our TBW olive oil marinade.

### + TOP UP YOUR BURGER

Sliced Cheese +20 Pineapple +20 Caramelised Onions / Red Onion +20 Fried Egg +15 Crumbed Onion Rings +40 Sliced Avo\* / Guacamole\* +35 Beef Burger +65 Chicken Fillet +70 Sirloin Steak +80 Beef Fillet +100

\*when available

# **FRIES & DIPS**

Medium only, with your choice of cheese, mushroom, blue cheese & mushroom, pepper or garlic sauce

### FRENCH FRIES WITH ONE SAUCE - 75

GREEK-STYLE FRIES - 90 With caramelised onions, olives & parmesan

> CARNE FRIES - 100 With rib meat & jalapeño

MEXICAN STYLE FRIES - 120 With mince in a spicy tomato sauce, served with guacamole, cream cheese & fresh coriander

**TRUFFLE OIL & PARMESAN FRIES - 120** 



& a choice of French fries | Sweet potato fries | TBW Garden Salad

CHICKEN WINGS 200g | 400g - 130 | 190 Flame-grilled chicken wings in a sticky BBQ or roast chilli basting

 $LAMB\ RIBLETS\ 200g\ |\ 400g\ -\ 165\ |\ 220$  Flame-grilled lamb riblets in a sticky BBQ or roast chilli basting

CHICKEN KEBABS - 160 Grilled in a tangy yoghurt basting, served with lettuce, red onion & tzatziki

BEEF SPADINI - 190 Marinated beef kebabs served with tomato & red onion salsa & tzatziki

BEEF RIBS 400g - 240 Flame-grilled beef ribs in sticky BBQ or roast chilli basting

LAMB CHOPS 400g - 275 Flame-grilled lamb chops basted in sticky BBQ or roast chilli basting

### LAMB SADDLE MEDALLIONS - 325

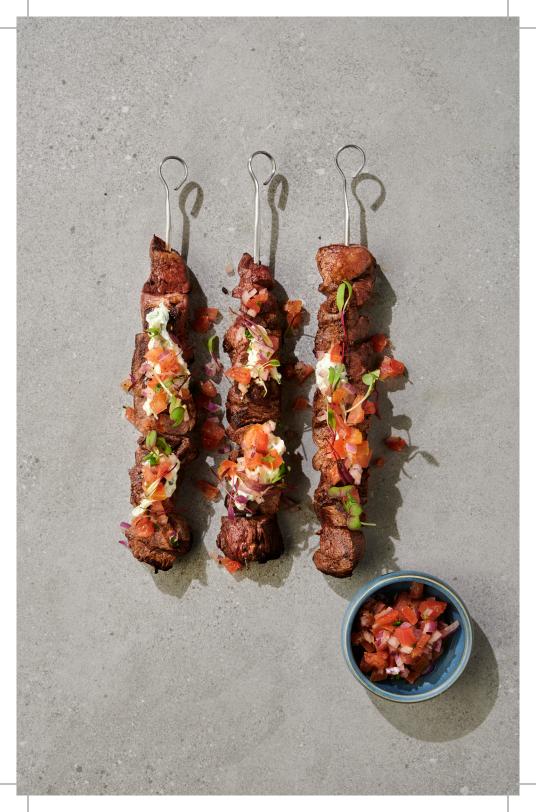
Medallions of lamb loin oven roasted, grilled to perfection, served with sautéed garlic & parsley smashed baby potatoes & a honey mustard jus

MIXED GRILL - 275

2 lamb chops, 2 cocktail sausages, a slice of fillet steak & chicken kebab, served with a mini garlic baguette (no pita)

### PRAWNS - 275

8 flame-grilled prawns basted in a garlic sauce or a Café de Paris sauce (smoked paprika butter)



## THE PICKERS MEAT C<sup>®</sup>

THE BUTCHER'S

FINEST QUALITY MEATS.

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# HOUSE STEAK

Served with an Aglio Focaccia & a side of your choice

#### BEEF FILLET MEDALLIONS 250g - 310 350g - 385

#### NEW YORK STRIP (SIRLOIN STEAK) 350g-285

RUMP 350g - 285

T-BONE 350g - 285 500g - 350

RIB EYE 350g - 325

#### DRY-AGED RIB EYE (BONE-IN) 400g-500g POR\*

\*Price on request | Subject to availability | Recommended medium Dry-aged rib eye, served with creamed spinach, roasted butternut, potato wedges & bearnaise sauce

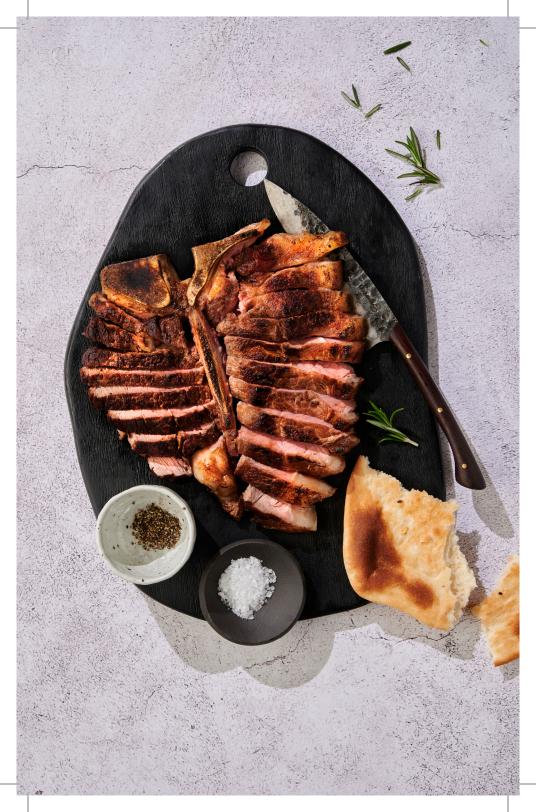
#### + CHEESY STEAK MELT +80 Your choice of steak with a slice of cheese & smothered with one of our TBW steak sauces

+ ADD A SIDE Tbw Garden Salad +65 Slaw Salad +55 Crumbed Onion Rings +40 Roasted Butternut +50 Creamed Spinach +50

Baked Potato +50 French Fries +45 Sweet Potato Fries +55

### + ADD A SAUCE

Cheese +60 Mushroom +60 Pepper +60 Garlic +60 Bearnaise +60 Café de Paris +60 Blue Cheese & Mushroom +60



# SWEETS

CHOCOLATE BROWNIE - 85 Chocolate brownie with chocolate pieces served with cream or ice cream

SPRING ROLLS - 85 Two banana & chocolate spring rolls served with cream or ice cream

> LEMON MERINGUE PIE - 85 Our traditional recipe with a rich lemon curd, a fluffy meringue topping & a coconut biscuit base

CHURROS - 85 Deep-fried choux pastry coated with sugar & cinnamon, served with homemade chocolate sauce

CRÈME BRULÉE - 85 Rich custard with caramelised sugar topping

CHOCOLATE CAKE - 85 Layered with caramel & topped with chocolate ganache

CARROT CAKE - 85 Our traditional TBW recipe with walnuts & a cream cheese topping

> BAKED CHEESECAKE - 85 Topped with a chocolate ganache, served with cream

 $\label{eq:PECANNUTPIE-85} PECANNUTPIE - 85 \\ \text{Our classic homemade TBW recipe, served with cream or ice cream}$ 

### + WHOLE CAKES TO ORDER

We supply whole carrot cakes | cheesecakes & chocolate cakes for your private function. \*3 days notice required before collection



# SHAKES

#### 70

Vanilla

Strawberry

Chocolate

Coffee

Fresh Banana

Mango

Strawberry & Fresh Banana

Blueberry

Fresh Avo\*

Peanut Butter, Honey & Fresh Banana

Oreo

Lemon Tart

Peppermint Tart

Caramel Popcorn

Turkish Delight

Bar One

Burfee

Bubblegum

Chai \*when available

**FRAPPÉS** 

\_\_\_\_ **70** \_\_\_\_ Pumpkin Spice

Hazelnut

Vanilla

Butterscotch

Cookies & Cream

Iced Coffee

# SOFTIES

Freshly juiced seasonal fruit per glass

70

Fresh Orange

Mango

Pineapple

Pineapple & Orange

AMG (Apple, Mint & Ginger)

COPA (Carrot, Orange, Pineapple & Apple)

POB (Pineapple, Orange & Banana)

Booster (Honey, Ginger & Lemon Juice, Cayenne Pepper)

# MOCKTAILS

- TBW -

Passion Fruit & Lemonade - 60

Kola Tonic & Lemonade - 60

Mojito - 65

Piña Colada - 70 (with pineapple & coconut milk)

Strawberry Daiquiri - 70 (Strawberries, crushed ice & lime syrup)

Shirley Temple - 70 (Grenadine, pineapple juice & lemonade)

Litchi Crush - 70

Mango & Mint - 70

Watermelon - 70

# HOTTIES

Decaf options available

Espresso - 35

Cortado - 35

Americano - 35

Cappuccino - 40 Add: pumpkin spice/ hazelnut / vanilla / butterscotch +10

Flat White - 40 Add: pumpkin spice/ hazelnut / vanilla / butterscotch +10

Red Cappuccino - 40

Caffe Latte - 40 Add: pumpkin spice/ hazelnut / vanilla / butterscotch +10

Chococino - 40

Affogato - 55 (Scoop of vanilla ice cream topped with an espresso shot & served with chocolate syrup)

Hot Chocolate - 35

White Hot Chocolate - 35

Tea - 35

Masala Chai - 40

Rooibos Tea - 35

Red Latte - 40

Chai Latte - 40

# OTHER

Still / Sparkling water 440ml - 30

> Still water 750ml - 45

Cans / Tisers - 30





# TRADING HOURS

Monday: 10h00 - 22h00 Tuesday - Thursday: 09h30 - 22h00 Friday: 09h30 - 12h30 (Closed for Jumuah) 14h00 - 23h00 Saturday: 09h30 - 23h00 Sunday: 09h30 - 22h00

Due to the size & space available in our store, we unfortunately cannot accept any reservations.

However, we do recommend that you come in as early as possible, so that you may be placed on a waiting list. Allowing us to seat you as soon as we are able to.

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